



**Gramin (ACS) Mahavidyalaya, Vasantnagar,**

**Tq. Mukhed Dist. Nanded**

**International Yoga Day**

*Date: 21 June-2019.*

An international Yoga day had been celebrated on 21 June 2019, early in the morning at 7:00 am in the late Govindrao Rathod Auditorium of the college, in the said event at the beginning Dr. Padamwar U. D. delivered a speech on the topic of Yoga – then practical of yoga have been performed by the NSS programme officers Mr. S. Babarao, Mr. S. K. Kalimath, Physical director S. K. Dethe and Mr. Kankute S. R. Head Dept. of Botany and others 289 participants have been benefited of the same event.

For the same event notice have been circulated on 20/06/2019 for all staff members and volunteers of the NSS unit.

Name of the Yoga Teachers-

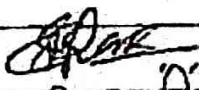
1. Mr. S. Babarao Mob No. 9423440526 s.babrao@gmail.com
2. Mr. S. R. Kankute Mob No. 9960225652 subhash.srk2@gmail.com
3. Mr. S.K. Dethe Mob. No. 9423614732 skdethe2015@gmail.com
4. Mr. Kalimath S. K. Mob. NO. 9421838685
5. Dr. Padamwar U. D. Mob. No. 9421868620 udpadamwar@gmail.com

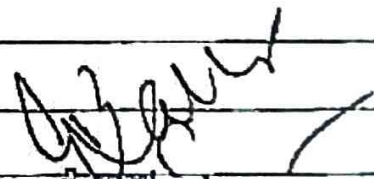
  
**Programme Officer**  
**National Service Scheme**  
Gramin (ACS) Mahavidyalaya Vasantnagar  
Tq. Mukhed Dist. Nanded


  
**PRINCIPAL**  
Gramin (Arts, Comm. & Science)  
Mahavidyalaya, Vasantnagar (Kol.)  
Mukhed Dist. Nanded (M.S)

20 June 2019

महाविद्यालयातील श.से.ओ. विभागातील सर्व स्वयंसेवकांना व महाविद्यालयातील सर्व कामत्यांना सुचित करण्यात येत की इपस वि. 21.06.2019 रोजी सकाळी 7.00 वा. महाविद्यालयाच्या प्रांगणात 'ओम शिबिराचे' आयोजन श.से.ओ. विभागाच्या वतीने करण्यात आले आहे तरी वरिल सर्व संघटनेलागी वेळेर उपस्थित राहून शिबिराचा लाभ घ्यावा.

  
कार्यवाही अधिकारी  
श.से.ओ.

  
Principal  
Grain (Arts, Comm. & Science)  
Mahavidyalaya Vasantnagar Kotgaon  
Tq. Mulhed, Dist. Nanded (MS)

  
Principal  
Grain (Arts, Comm. & Science)  
Mahavidyalaya Vasantnagar Kotgaon  
Tq. Mulhed, Dist. Nanded



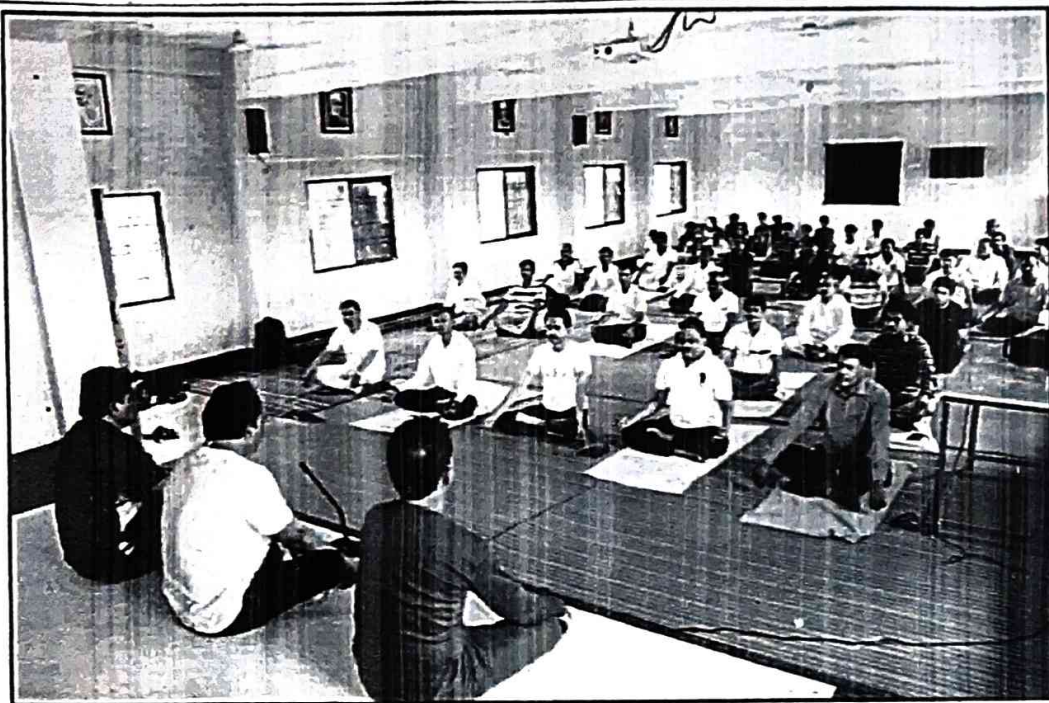


International Yoga day - 21 June 2019



International Yoga Day - On 21 June - 2019

Principal  
 Jeevan (Art, Comm & Science)  
 Maharashtra Sahakar Vastanagar Kalyan  
 Tal. Mulund Dist. Mumbai



celebration of international.  
yoga day - 21-06-2019



celebration of international  
yoga day - 21-06-2019

Principal  
Gramin (Arts, Comm & Science)  
Tahwidyalaya, Vasanthnagar Kotgoda  
Mukhba, Dist. Nanded





# Gramin (ACS) Mahavidyalaya Vasantnagar

Tq. Mukhed Dist. Nanded

## No. of Beneficiary Students / Staff

Department: \_\_\_\_\_

Venu: Vasantnagar

Time: 7-12 PM Date: 21-06-2019

Name of the Programme: International Yoga Day

Sr. No.	Name of the Beneficiary	Class	Signature
01	Atrube Amol Anandrao	B.Sc TY	Amol
02	Bacchewar Parinida Vaikesh	B.Sc SY	Parinida
03	Bathod Vilas Raju	B.A.SY	Vilas
04	Bathod Vilhal Ush	B.Sc.SY	Vishal
05	Bakwad Eknath Anand	B.Sc.SY	Eknath
06	Baig Najma Mubin	B.Sc.TY	Najma
07	Bimbakwale Saurabh Mangaram	B.A.SY	Saurabh
08	Shaikh Belesab Almodin	B.A.SY	Belesab
09	Chavan Jagdish Ganpati	B.Com TY	Jagdish
10	Chavan Anita Ramrao	B.A TY	Anita
11	Shaikh Mehomed Maksud Sab	B.Sc.TY	Mahomed
12	Shankpale & Rovind Sanjay	B.Com TY	Rovind
13	Chavan Dinesh Vittal	B.Com SY	Dinesh
14	Chavan Prashant Gajanan	B.A FY	Prashant
15	Shaikh Ulma Tabassum Jeelani	B.Sc.FY	Ulma
16	Shingaputte Aleekumar Bhawar	B.A.TY	Aleekumar
17	Chavan Vaibhav Ramrao	B.Sc FY	Vaibhav
18	Suryawan Shi Komal Sakharan	B.Sc SY	Komal
19	Shinde Dnyaneshwar Narsing	B.A.TY	Dnyaneshwar
20	Suryawan Shi Pavan Kumar Gavind	B.Sc TY	Pavan
21	Shroibante Prashant Suryawar	B.Sc.TY	Prashant
22	Suryawan Shi Pradap Sanjay	B.Sc TY	Pradap
23	Shroirame Isanchari Somnath	B.Sc TY	Kannchari
24	Suryawan Shi Sunil Sakharan	BA TY	Sunil
25	Shital Belwanshi Shroimantle	B.Sc.FY	Shital
26	Tade Satish Digambar	B.Sc TY	Satish



28	Telange Shyam Govind Jadhav Pradeep Datta	B.Sc TY B.A.Sy	Shyam Pradeep
29	Telang Pooja Madhav Jadhav Pranjata Ashokappa	B.Sc TY D.J.Sy	Pooja Pranjata
30	Giri Ramrao Govindrao Jadhav Umesh Subhashrao	B.A Ty B.A.Sy	Ramrao Umesh
31	Kar. Javid. Khur Mahesh Inade Kanchhalje Vittalrao	D.J.Sy B.Sc.Fy	<del>Javid</del> Kanchhalje
32	Kacheboinwad Vasant Sambhaji Dante Babarao Shorkarao	B.A.Sy B.A.Sy	Vasant Babarao
33	Kamble Manisha Baburao Gokule Ritesh Papalal	B.A.Sy B.Com.Sy	Manisha Ritesh
34	Kamble Pradeep Ottomarao Karewad Lingaji Shewar	B.Sc.Sy B.Sc.Sy	Pradeep Lingaji
35	Kerurc Ahmadam Kashiram Ghogate Arinash Govindrao	B.Com.Sy P.Com.Sy	Ahmadam Arinash
36	Kendre Madhav Nikant Kandharc Shrikant Baburao	B.Sc.Ty B.A.Ty	Madhav Shrikant
37	Kuntkewad Anita Rajesh Mali Gajanan Sanjay	B.Sc.Sy B.Com.Sy	Anita Gajanan
38	Galhane Madhav Vittalrao Yennawar Arti Subhash	B.Com.Sy B.Com.Sy	Madhav Arti
39	Waghmare Udhav Waghmare Vinod Ganesh	B.A.Sy B.A.Sy	Udhav Vinod
40	Gadmad Satjanarayan Ganpati Surjwadehi Komal Sadharam	B.A.Sy B.Sc.Sy	Satjanarayan Komal
41	Wadje Basvaraj Laxmikant Telang Pooja Madhav	B.Sc.Sy B.Sc.Ty	Basvaraj Pooja
42	Dongre Rajshree Manik Wadje Pallavi Laxmikant	B.A.Ty B.Sc.Ty	Rajshree Pallavi
43	Wadje Varsha Vyankaji Aadesh Ganesh Talare	B.Sc.Ty B.Com.Sy	Varsha Ganesh
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Gramin (ACS) Mahavidyalaya Vasantnagar

Tq. Mukund Pur, Nanded

Dept. of Beneficiary Students / Staff

Department:

Name of the Programme:

Veru:

Time:

Date:

Sl No	Name of the Beneficiary	Class	Signature
59 <sup>01</sup>	Ibitwar Ajay Tukaram	B.Sc.Sy	<del>Bitwar</del>
60 <sup>02</sup>	chabre Sachin Balaji	B.Sc.Fy	<del>chabre</del>
61 <sup>03</sup>	Patil Rohini Chandrakant	B.Com.Sy	Rohini
62 <sup>04</sup>	Jadhav prajakanta Ashokrao	B.Sc.Sy	<del>Puntar</del>
63 <sup>05</sup>	chavan kalika kailas singh	B.Sc.Sy	<del>chavan</del>
64 <sup>06</sup>	Panchal Devanand Ganesha	B.A.Fy	<del>Panchal</del>
65 <sup>07</sup>	Jalpetwad vankat laxman	B.A.Sy	vankat
66 <sup>08</sup>	chintalwad sandip Ramrao	B.A.Ty	<del>chintalwad</del>
67 <sup>09</sup>	Chabre Sachin Balaji	B.Sc.Fy	Sachin
68 <sup>10</sup>	Kashur Javed Khan Maheeb Khan	B.Sc.Ty	Javed
69 <sup>11</sup>	chitkulwar Mayuri Ramesh	B.S.Sy	<del>Mayuri</del>
70 <sup>12</sup>	Chavan Kalika Kailas Singh	B.Sc.Sy	Kalika
71 <sup>13</sup>	Kamble manisha badura	B.A.Ty	Manisha
72 <sup>14</sup>	Chintalwad sandip Ramrao	B.A.Ty	Sandip
73 <sup>15</sup>	Dhanpwar priyanka Datta	B.Com.Sy	<del>Puntar</del>
74 <sup>16</sup>	Khandekar Anil Dattatray	B.A.Sy	Anil
75 <sup>17</sup>	Deshmukh Kajal Dattatray	B.Com.Ty	Kajal
76 <sup>18</sup>	Shashikant madhavrao patil	B.Sc.Fy	madhavrao
77 <sup>19</sup>	Kesure Atmaram Kashiram	B.Com.Ty	<del>Atmaram</del>
78 <sup>20</sup>	Damie Babarao Shamkarro	B.Com.Sy	Babarao
79 <sup>21</sup>	Sakshi Rajendra neikwad	B.Sc.Fy	Rajendra
80 <sup>22</sup>	Khandekar Shrikant Babarao	B.A.Ty	Shrikant
81 <sup>23</sup>	Dongre Rajshree Manik	B.A.Ty	Rajshree
82 <sup>24</sup>	Hasichandekar Subhash Rattao	B.Sc.Fy	Subhash
83 <sup>25</sup>	Mubank Anand Mataji	B.A.Ty	Anand
84 <sup>26</sup>	Craddanwad Anil Shiraji	B.A.Sy	Anil



87	28	Jadhav Dhannashwar Anandao	B.Sc Ty	Jadhav
88	29	Gangasagarra Gajanan Gangadha	B.Sc Fy	Gangasagar
89	30	Chini Ramrao Govindrao	B.A. Ty	Chini
90	31	Jadhav Umesh Subashtrao	B.A Sy	Umesh
91	32	Imada Kausalya Vittalrao	B.Sc Fy	Imada
92	33	Atrunre Anmol Anandrao	B.Sc Ty	Anmol
93	34	Jadhav Sagar Govind	B.Sc 3y	Sagar
94	35	Chaikwad Mahesh Khandu	B.A.Fy	Mahesh
95	36	Ambika Kiran Patil Tamshette	B.Sc Fy	Ambika
96	37	Kadam Shrikant Jaxman	B.Sc Ty	Shrikant
97	38	Gawhome Sonitai Bhujengrao	B.A. Ty	Sonitai
98	39	Rushikesh Sanjay Karmale	B.Sc Fy	Sanjay
99	40	Kamble Praclip Uattamrao	<del>B.Sc Fy</del>	<del>Praclip</del>
100	41	Kanchi Sunil Ratnod	B.Sc Fy	Sunil
01	42	Ganesh Anil Chintamwad	B.Sc Fy	Anil
02	43	Keelar Anil Dattatray	B.A Sy	Anil
03	44	Ashwini Sambhaji Tate	B.Sc Fy	Sambhaji
04	45	Sandip Gresh Ratnod	B.Sc Fy	Sandip
05	46	Kastkwal madhav sambhaji	B.A Sy	Madhav
06	47	Bisadar Dashirath Parasram	B.Sc Fy	Dashirath
07	48	Shubham Sanjay Katorc	B.Sc Fy	Shubham
08	49	Kinwadi Arati Gangadhar	B.Sc	Arati
09	50	Nikita Sudhakar Wadje	B.Sc Fy	Sudhakar
10	51	Sainath Ramesh Choudhakar	B.Sc Fy	Ramesh
11	52	Mubarak Anand Mataji	B.A Ty	Anand
12	53	Riya Yeshwantrao Bhasle	B.Sc Fy	Yeshwantrao
13	54	Anjali Sudhakar Wadje	B.Sc Fy	Sudhakar
14	55	Nagare Shivaji Panditrao	B.A Ty	Shivaji
15	56	Aishwaryya Yeshwantrao Sonkante	B.Sc Fy	Yeshwantrao
16	57	Maathura Madhav Ratnod	B.Sc Fy	Madhav
17	58	Malekari Praclip Maroti	B.Com S	Praclip
18	59	Aditi Miveuttisao Nails	B.Sc Fy	Miveuttisao



Gramin (ACS) Mahavidyalaya Vasantnagar

By Mukherjee D. D. D. D.

No. of Beneficiary Students / Staff

Department: \_\_\_\_\_

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17 <sup>01</sup>	patil Rohini chandra kanti	B.com	Rohini
18 <sup>02</sup>	Panchal. Prashant Vishnukant	B.com	Prashant
19 <sup>03</sup>	Panchal Devomonal Gromesh	B.A. fy	Panchal
20 <sup>04</sup>	Panchal Lakshmita Phondiba	B.com sy	Lakshmita
21 <sup>05</sup>	Panchal pratibha Gromesh	B.A. Ty	Pratibha
22 <sup>06</sup>	padalwar Aniket Ganpat Rao	B.sc. sy	Aniket
23 <sup>07</sup>	Panchal Vanila Shiram	B.sc Ty	Vanila
24 <sup>08</sup>	Pathan Uday Anwar Khan	B.A. sy	Uday
25 <sup>09</sup>	patil devidas Badu	B.A. sy	Devidas
26 <sup>10</sup>	patil Satish Ram Rao	B.com	Satish
27 <sup>11</sup>	Pentalwad Keshav Shivaji	B.A. Ty	Keshav
28 <sup>12</sup>	Pathan Uday Anwar Khan	B.A. Ty	Uday
29 <sup>13</sup>	Primpurwar Sampada Nandkumar	B.sc Ty	Sampada
30 <sup>14</sup>	Pinjari Abdul Karim Alisab	B.A. fy	Abdul
31 <sup>15</sup>	patil Gopind Datta	B.sc Ty	Gopind
32 <sup>15</sup>	Pundle Sarang Nagnath	B.com F.V	Sarang
33 <sup>17</sup>	Jalpetwad Vyankat Lakshman	B.A. sy	Vyankat
34 <sup>18</sup>	patil Kites Shivraj	B.com sy	Kites
35 <sup>19</sup>	Kamble Rohini Rameshwar	B.com sy	Rohini
36 <sup>20</sup>	Shubham Balwanti Shrinanigale	B.sc Ty	Balwanti
37 <sup>21</sup>	Rathod Vikas Rajaji	B.A. sy	Vikas
38 <sup>22</sup>	Sonkamble Shubhamji Gashvanrao	B.sc Ty	Shubhamji
39 <sup>23</sup>	Sonkamble Uthar Omadhav	B.A. sy	Uthar
40 <sup>24</sup>	Rathod Maya Ramesh	B.com sy	Maya
41 <sup>25</sup>	Suryawanshi Dilip Dadasaheb	B.A. Ty	Dilip
42 <sup>26</sup>	Siddheshwar P. M.	B.sc fy	Siddheshwar



6	30	Afure Amol Anantadas	B.Sc.Ty	Amal
		patil Rohini Chandrakant	B.com.sy	Rohini
		Bacchewar Parvita Vaikesh	B.Sc.Sy	Parvita
6	31	panchal Devanomal karanesh	B.A.fy	Devanomal
7	32	panchal prashant vishnukant	B.sc.sy	prashant
8	33	Pendakwal Datta motiram	B.A.Sy	Datta
9	34	Baswanje Rshikesh vish	B.sc.sy	Rshikesh
10	35	पद्मनाभ शशीकान्त शिवाजी	B.Sc.Sy	शशीकान्त
1	36	शशि शशि शशि	B.Sc.Sy	शशि
2	37	panolilwal Rukmini Sureshwar	B.sc.sy	Rukmini
3	38	Parshewal nagoo chopinath	B.A.Sy	nagoo
4	39	pathan Udam Anwar Khan	B.A.fy	Udam
5	40	Chavan Balaji Laxman	B.com	Balaji
6	41	Puwar Shrikhand Sahebwar	B.Sc.Sy	Shrikhand
7	42	Baswanje Rshikesh Vijaynath	B.Sc.	Rshikesh
8	43	वसुदेव शशि शशि	B.com.sy	शशि
9	44	शशि शशि शशि	B.com.sy	शशि
10	45	Chavan Sanj Anantadas	B.GC	Sanj
1	46	पद्मनाभ शशि शशि	B.A.Ty	शशि
2	47	Primporewar Sampal mamadwar	B.Sc.Ty	Sampal
3	48	Pinjore Abol/Karim Alisab	B.A.fy	Abol/Karim
4	49	potelwal novina Datta	B.Sc.Ty	Novina
5	50	Chavan V. Bhan Ramnath	B.Sc.	V. Bhan
6	51	Dumale Sarang Manmath	B.com.fy	Sarang
7	52	Rathod Vikas Balaji	B.A.Sy	Vikas
8	53	Rathod Avinash Anant	B.Sc.Sy	Avinash
9	54	Chavan Dinesh Nitte	B.com.sy	Dinesh
10	55	Rathod Sunil Shankar	B.A.Sy	Sunil
1	56	Rathod Anaya Ramesh	B.com.sy	Anaya
2	57	Rathod Madhav Badu	B.com.sy	Madhav
3	58	Panchal Anantkumar Dhondib	B.com.sy	Anantkumar
4	59	Pachalwal Aniket Choparwar	B.Sc.Sy	Aniket



UNIVERSITY (ACS) Mahavidyalaya Vasantnagar

Tq. Mukhed Dist. Nanded

No. of Beneficiary Students / Staff

Department:

Venue

Time:

Date:

Name of the Programme:

Sr. No	Name of the Beneficiary	Class	Signature
75 <sup>01</sup>	Shinde Rohini Rameshrao	B. SCTY	Rohini
76 <sup>02</sup>	Bakwad Ekhatk Amard	B. SC. SY	Ekhatk
77 <sup>03</sup>	BHAGYASHRI PRAKASH PAWAR	B. com. Fy	PRAKASH
78 <sup>04</sup>	Chavhan Balaji Lakshman	B. SC. SY	Balaji
79 <sup>05</sup>	Baug Najna Mubim	B. SC. Fy	Najna
80 <sup>06</sup>	Shribarthal Prashant Shyamrao		Prashant
81 <sup>07</sup>	Balwag Priya	B. SC. Fy	Priya
82 <sup>08</sup>	Chavan Prashant Gajanan	B. A. Fy	Prashant
83 <sup>09</sup>	CHANDSAB AKBARSAB SHAIKH	B. com. Fy	AKBARSAB
84 <sup>10</sup>	Chavan Anikita Pramod	B. SC. Fy	Anikita
85 <sup>11</sup>	Shital Balwant Shirmange	B. SC. Fy	Shital
86 <sup>12</sup>	Chavan Priydarshna Govindrao	B. SC. Fy	Priydarshna
87 <sup>13</sup>	Shakh Mahamad Mol Resul	B. SC. Fy	Shakh
88 <sup>14</sup>	Sahel Malnopleu Tamboli	B. com. Fy	Malnopleu
89 <sup>15</sup>	Chavhan Vaibha Ramrao	B. SC. Fy	Vaibha
90 <sup>16</sup>	Chavan Soni Apparao	B. SC. Fy	Apparao
91 <sup>17</sup>	Shubham Balwant Shirmange	B. SC. Fy	Shubham
92 <sup>18</sup>	Shingarpurte Ajeet Kumar	B. A. Fy	Ajeet
93 <sup>19</sup>	NANDKISHOR NARSING SALAK	B. com. Fy	NARSING
94 <sup>20</sup>	Chavhan Soni Apparao	B. SC. SY	Apparao
95 <sup>21</sup>	Soni Rambale maroti Balaji	B. A. Fy	maroti
96 <sup>22</sup>	Sheikh Uma Tabassum Jeplani	B. com. Fy	Sheikh
97 <sup>23</sup>	Shetwad Shikant Sambhaji	B. A. Fy	Shikant
98 <sup>24</sup>	YANGULWAR MAHESH GANESH	B. com. Fy	MAHESH
99 <sup>25</sup>	Chavhan AKASH SOMALI	B. SC. Fy	AKASH
100 <sup>26</sup>	Shinde Gunasagar Guring	B. SC. Fy	Shinde



201	Rathod Vikas Raju	Basy	Rathod V
02	Chavam Jagdish Grampati	B. Com. I. Y	Jagdish
03	ANJALI NILKANTH JAYBHAYE		
04	PRATIBHA ANAND BHOSLE	B. Com. I. Y	ANAND
05	DIKSHA AKASH KAMDLE	B. Com. I. Y	AKASH
06	Rathod Vishal Vlash	-/-	Vishal
07	Chavam Anita Ramrao	BA. I. Y	Art
08	VISHNUKANT ANANDRAO ANIMUN	B. Com.	Account
09	SHOBHA GANGADHAR	B. Com. I. Y	
10	Sheikh Balesab A. Jmodin	-/-	Balesab
11	Tate Shrinivas Ashok	B. A. I. Y	Art
12	ABHILIT GORAKHJIATH CHAVY	B. Com.	Account
13	VAISHNAVI VITTHALRAO	B. Com. I. Y	Art
14	Sheikh Sara JAKIR	-/-	Sara
15	Talimkar Sunil Hamantoro	B. Com. I. Y	Account
16	wadje Sainath Uttam	B. A. I. Y	Art
17	Sandhyaraj DATTA KUDRE	B. Com. I. Y	DATTA
18	kamal MADHAVRAO	B. Com. I. Y	kamal
19	Sheikh Javeriya Khadersab	-/-	Javeriya
20	Talimkar Sunil Hamantoro	B. Com. I. Y	Sunil
21	wadajkar Narresh madhav	B. Com. I. Y	Narresh
22	BAJRAINQ Rajeshwar Jadhav	B. Com.	Rajeshwar
23	Govind MADHAV Jyella	B. Com. I. Y	Govind
24	SAYYAD Alim Ayubsab	-/-	Alim
25	Vanchawad Narsing Ganesh	B. A. I. Y	Narsing
26	wadje Basvaraj. Laxmikant	B. Com. I. Y	Basvaraj
27	SAHELKHANI JILANI SHAH	B. Com. I. Y	SAHELKHANI
28	DLNESH DEVIDAS ADE	B. Com. I. Y	DLNESH
29	Suryanshi Dilp Radarao	-/-	Suryanshi
30	Vyavahare vijaykumar Ramrao	B. Com. I. Y	Vijaykumar
31	KAPIL BHOTU CHAVAN	B. Com.	KAPIL
32	UMESH KADOTI CHAVAN	B. Com. I. Y	UMESH



Department: \_\_\_\_\_

Venue: \_\_\_\_\_

Time: \_\_\_\_\_

Date: \_\_\_\_\_

Name of the Programme: \_\_\_\_\_

Sr. No	Name of the Beneficiary	Class	Signature
233 <sup>01</sup>	Chabre Sachin Balaji	B.Sc TY	Sachin
34 <sup>02</sup>	Telange Rohini Uttam	B.Sc FY	Rohini
35 <sup>03</sup>	Chintalwad Sandip Ramrao	B.A TY	Sandip
36 <sup>04</sup>	Tate Shrinival Ashok	B.A SY	Shrinival
37 <sup>05</sup>	Chitkulwar Shradha Santosh	B.Sc SY	Shrinival
38 <sup>06</sup>	Talimkar Sunil Hanumantrao	B.Com SY	Sunil
39 <sup>07</sup>	Deshmukh Kajal Dattatray	B.Com TY	Kajal
40 <sup>08</sup>	Vanchewad Narsing Ganesh	B.A TY	Narsing
41 <sup>09</sup>	Ujawhase Vijaykumar Ramrao	B.Sc SY	Vijay
42 <sup>10</sup>	Dongre Rajshree Manik	B.A TY	Rajshree
43 <sup>11</sup>	Vibhante Ashwini Narsingrao	B.Sc TY	Ashwini
44 <sup>12</sup>	Gaddamwad Shivaji Anand	B.Sc SJ	Shivaji
45 <sup>13</sup>	Gaddamwad Tanaji Mahajani	B.Sc BY	Tanaji
46 <sup>14</sup>	Wadje namdev Kalba	B.Com SY	Namdev
47 <sup>15</sup>	Gangagare Gajanan Ganpat	B.Sc FY	Gajanan
48 <sup>16</sup>	Wadje Sainath Uttam	B.A SY	Sainath
49 <sup>17</sup>	Gaikwad mahesh Jhandu	B.A FY	Mahesh
50 <sup>18</sup>	Wadje Tukaram Shrihari	B.Sc TY	Tukaram
51 <sup>19</sup>	Wadje Varsha Vyankati	B.Sc TY	Varsha
52 <sup>20</sup>	Giri Ramrao Govindrao	B.A TY	Ramrao
53 <sup>21</sup>	Wadajkar prakash Madhau	B.Sc TY	Prakash
54 <sup>22</sup>	Gokhale Saurabh Kameshwar	B.Com	Saurabh
55 <sup>23</sup>	Wadje Vishal Shrihari	B.Sc FY	Vishal
56 <sup>24</sup>	Grunde Akash Bhanudas	B.A SJ	Akash
57 <sup>25</sup>	Wadikar Anil Vyankatrao	B.Com SY	Anil
58 <sup>26</sup>	Waghmare Adibhiraj Tanaji	B.Sc SY	Adibhiraj



259	Shahyadri madhav wadje	B.com fy.	Shahyadri
60	Aarti Ranjkrishan Rathod	B.com fy.	Aarti
61	Bhagirtha sathra manilaxee	B.sc. fy.	Sathra
62	Vijay madhav palamphewad	B.sc. fy.	madhav
63	peevin madhav Rathod	B.sc. fy.	madhav
64	Anisabegum mainuddin maniyar	B.com fy.	mainuddin
65	Shivaji Almaram Tembhone	B.com fy.	Almaram
66	vishal shivaji shereizame	B.sc. fy.	shivaji
67	Rohit yeshwanth Bhasle	B.sc. fy.	yeshwanth
68	Aarti Balwant Balwant patil	B.sc. fy.	Balwant
69	Pratibha vyankaji Surywanshi	B.sc. fy.	vyankaji
70	chabre Sachin Balaji	B.sc. fy.	Sachin
71	Parmeshwar mehar Tallang	B.com fy.	Parmeshwar
72	Bhagyasmi prakash pawar	B.com fy.	prakash
73	Chavhan Kajika Kallaji singh	B.sc. fy.	Kajika
74	chintalwad sandip Ramrao	B.A. fy.	Sandip
75	Ajinkya Arun Tapre	B.com fy.	Arun
76	Chandrab Albarsab shajkh	B.com fy.	Albarsab
77	chitkulwar mayuri Ramdas	B.sc. fy.	mayuri
78	Sourabh Balaji Pachwar	B.com fy.	Balaji
79	SOHIL Maimodien, Tambali	B.com fy.	Maimodien
80	Daregan Sunil Gavind	B.sc. fy.	Sunil
81	Dante Babarao Shankarrao	B.sc. fy.	Babarao
82	Anjali Nikantn Jaykshir	B.com fy.	Nikantn
83	santosh venkatesh Aalluse	B.com.	venkatesh
84	Dhanuwad Priganka Datti	B.com fy.	Priganka
85	Pongre Rajshree manik	B.A. fy.	Rajshree
86	Nandkishor Narsing Salante	B.com. fy.	Narsing
87	Craddamwad Anil Shivaji	B.A. fy.	Anil
88	Cralkwad mahesh manib	B.sc. fy.	mahesh
289	Yangulwar Mahesh Ganesh Reddy	B.com.	Mahesh





पुष्पनगरी

ided Rural

सोमवार

२४ जून २०१९

नांदेड

3

# मनाच्या एकाग्रतेतून योगाची अनुभूती-प्रा.पद्मवार

ग्रामीण महाविद्यालयात आंतरराष्ट्रीय योगादिनाडत्साहत

मुखेड/प्रतिनिधी

समाधी हा योगाचा मुख्य उद्देश आहे. समाधीतून मनाच्या सर्व व्याधींचा निग्रह होतो. योगामुळेच परमशांतीचा अनुभव यतो, परमानंदाचो प्राप्तो होतो. इन्द्रियांच संयम करून मन एकाग्र करणे म्हणजे योग होय, त्यातूनच योगाची अनुभूती मिळते, असे प्रतिपादन प्रा. डॉ. उमाकांत पद्मवार यांनी केले.

मुखेडजवळील वसंतनगरच्या ग्रामीण महाविद्यालयातील आध्यात्मिक शिक्षण समिती, प्रौढ विभाग व राष्ट्रीय सेवा योजनेा विभागाच्या संयुक्त विद्यमाने आंतरराष्ट्रीय योग दिनी आयोजित कार्यक्रमात ते बोलत होते.

डॉ. पद्मवार म्हणाले की, एकाग्रताशिष्य काही साध्य होत नाही. संस्कृत 'युग' या धातूपासून 'योग' शब्द घनाला. योग म्हणजे एकत्र करणे, जोडणे, तस्वीन होणे असा आहे. यम, नियम, आसन, प्राणायाम ही योगाची पहिली चार अंगे आहेत. याचा शरीररत्यास्थ्यासी संयंघ येतो. प्रत्याहार, ध्यान, धारणा याचा संयंघ मनस्वास्थ्यासी येतो, असेही प्रा. डॉ. उमाकांत

पद्मवार म्हणाले.

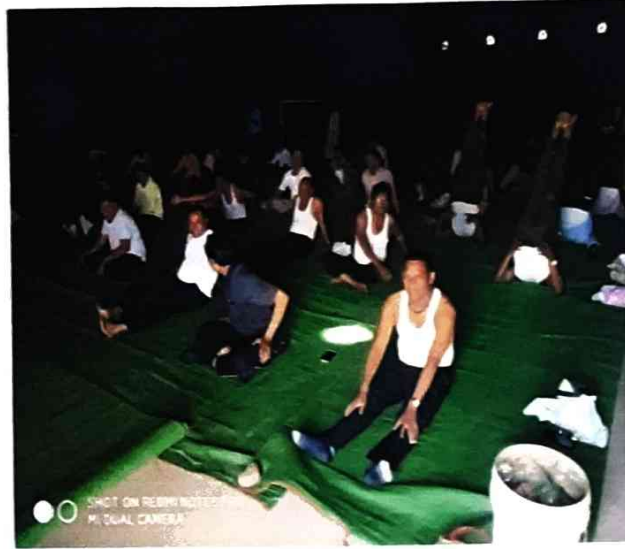
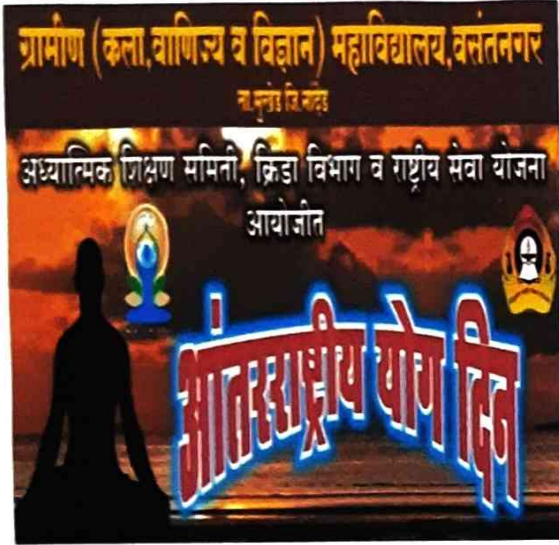
प्राचार्य डॉ. हरिदास राठोड यांनी अध्यक्षीय समारोप केले. ते म्हणाले, की बदलत्या जीवनशैलीमुळे तणाव वाढला आहे. आपण परिवार, महाविद्यालय व समाजासाठी वेळ देतो. तराच शरीररत्यास्थ्यासाठीही दिला परिश्रम. दररोज नियमित योग केला गेला पाहिजे. प्राणायामामुळे आपले मन प्रसन्न होऊन ताण कमी होतो व शरीररत्यास्थ लागते.

दुसऱ्या सत्रात महाराष्ट्र ग्रामीण धर्म मुखेडचे नूतन शाखाधिकारी प्रताप राठोड यांचा सत्कार करण्यात आला. प्रा. डॉ. रामकृष्ण बघने यांनी प्रास्ताविक केले. प्रा. एस. आर. कनकुटे यांनी सूत्रसंचालन केले. प्रा. ए. पी. ईटफापल्ले यांनी आभार मानले. प्रीडा विभाग प्रमुख प्रा. एस. कै. देठे यांनी गोगासने करून दाखवली. सांसेयो कार्यक्रमाधिकारी प्रा. एस. बापारध, प्रा. एस. कै. कळळीमठ यांनी सावर केले. धार्यक्रमाला शाखाधिकारी वरगंटीवार, पांडुरंग पन्ना, शिवाजी सोमवारे यांच्यासह प्राध्यापक, शिक्षकेतर कर्मचारी मोंड्या संस्थेने उपस्थित होते.

Regional Officer  
National Service Scheme  
Maharashtra Sahakar Board  
Mumbai



## International Yoga Day



Organization of International Yoga Day on dated 21.06.2019 in the Late Govindrao Rathod Auditorium.



NSS P.O. Mr .S. Babarao, Mr. Kankute S.R, Dethe S.K. & Mr. Kallimath are seen.



Dr. Shinde P.A., Dr. Shinde P.R. & Mr. Mr. Kallimath S.K.

  
Principal  
Gramin (Arts, Comm. & Science)  
Tahavidyalya Vasantnagar Kotgyar  
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